



# MEDICAL INFORMATION

## I have Epidermolysis Bullosa (EB)

EB is a rare genetic condition; any friction can cause my skin to blister and tear.

### **Please be careful:**

- Avoid pressure, friction & skin rubbing
- Avoid sliding when transferring me
- Avoid sticky dressings/tapes

For more information scan QR code or visit:

[www.nhs.uk/conditions/epidermolysis-bullosa](http://www.nhs.uk/conditions/epidermolysis-bullosa)



**I am cared for by the EB team at:  
Birmingham Women's & Children's Hospital**

EB team number: 0121 333 8224 / 8757

**Emergency & out of hours urgent care**

Emergencies: call 999

Non-emergencies: call NHS - 111

If additional specialist EB advice is required,  
a clinician may wish to contact your EB team  
or an on-call dermatologist.